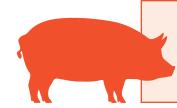


# PASTURED PORK VS. CONVENTIONAL PORK



**WHAT IS PASTURED PORK?** Pastured pork comes from pigs that live how pigs might live if left to their own devices: in fields and woods, free to move around. They have small shelters where they can sleep in small groups. Pastured pigs receive feed from a farmer in addition to the food they root for themselves. Since they aren't crowded together in unhealthy conditions, pastured pigs do not commonly receive unnecessary antibiotics.

## THE BENEFITS OF PASTURED PORK

Our pastured pork is supplied by Howling Flats Farm in North Canaan, CT - located 8.4 miles from Lakeville, CT



#### **HEALTHY**

Pastured Pork contains a significantly better ratio of Omega-3 fatty-acids and antioxidants. Their high quality fat also contains high amounts of vitamin D & vitamin A.



#### LOCAL

Howling Flats Farm raises small groups of pigs to offer you the freshest pork around. In addition to rooting in the fields our pigs eat soy-free & non-gmo grain along with local hay.



#### **SUSTAINABLE**

Pasture-based systems never lead to the build-up of toxic waste and the working conditions are better. It also puts less stress on the animals and uses manure to enrich soils.

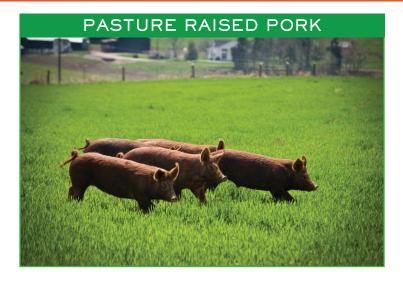
### PASTURED VS. CONVENTIONAL PORK



## RAISED IN SMALL SPACES & CRATES

#### **HIGH-RISK**

Pig factory farming is where grower pigs are housed indoors in group-housing or straw-lined sheds, whilst pregnant sows are housed in crates. This practice has led to more significant animal cruelty. Many of these pigs are treated terribly and won't make it to weaning age, succumbing to disease, starvation, dehydration & other diseases.



## LET OUT TO PASTURE NATURALLY LOW-RISK

Pigs raised outdoors on pasture are able to eat a diverse diet of plants, insects and nuts, in addition to being fed silage and grain. They are exposed to sunshine and are able to forage, run, jump and root in the soil. The piglets are able to be born and wean naturally. This results in healthier, happier animals and more nutritious food for people as well.